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Darryl & Rose:

Thank you for the time, effort and energy you put into Friday's seminar on your new book, *Life's Journey!* I've read quite a few self-help genre books. These include many books about dreams, goals and self-analysis. The intriguing thing about your seminar was the fact the authors were holding the meeting to introduce and instruct how to use their self-help process. I've never experienced this, from any of the authors of the other books. So, it was an additional wonderful surprise to learn from you both your book not only looks at the process of figuring out your life in an exciting new way, but that you also welcome past attendees to future meetings to help them in the process. This demonstrates you both believe in your work and truly want to provide a valuable service to the readers. I truly appreciate this sincere gesture, from The Learning Service!

I will be following your process for the *Life's Journey* system to the letter. Your advice was great on Friday! Most people look at "fixing" their lives as this complete, huge, complex beast of a project. They take all the new information from the new book and create a mega project doomed for failure before it starts. Your advice was simple and helps prevent one from biting off more than you can chew. I believe your statement was "...you have spent your entire life to become the person you currently are, with all your experiences and decisions, so, you won't be able to change habits or path in life overnight...". From my cursory overview of the book and system, you've made it ever so easy to dial in your focus on individual areas of your life, without getting mired in the possible minutia of detail. Between your seminar and my review of the material this weekend, I had this blinding flash of the obvious and am even more excited to begin the process!

Sincerely,

A handwritten signature in black ink that reads "Brian". The signature is written in a cursive, flowing style.

Brian L. Bowers